

# **Carolina Southern Classic Feis**

*Hosted by The Carroll Academy of Irish Dance  
(Formally Lismore Academy of Irish Dance)*



November 2, 2024  
 Village Inn Hotel and Event Center  
 6205 Ramada Drive  
 Clemmons, NC 27012

Registration on [WeFeis.com](https://www.wefeis.com)  
 Opening dates for registration coming soon

Hotel Block Available at the Village Inn Hotel  
 Rate: \$109 plus tax.

Link for booking a room will be on our Feis Facebook Page

For all questions please check out our Facebook Page or email  
[Anna@LismoreAcademy.com](mailto:Anna@LismoreAcademy.com)

Pre Bun Grad	\$20
Bun Grad Competitions	\$15
Pre-Open and Open Solo Rouns	\$15
Open Championships	\$60
Non-Championship Holder	\$20
Confined Competition	\$20
Ceili	\$10 Per Dancer
Non-An Chomhdhail Membership Fee	\$30 Per Dancer
Facility Fee	\$30 Per Family
WeFeis Fee	\$4
Late Fee	\$30
Family Max (excluding teams)	\$200

## **Premiere Event! Mini-Freestyle Competition! In Memory of Charles Carroll Barker**

Dancers will choose a team of dancers (between 2 and 8 dancers) and choreograph a dance up to 3 minutes. Dancers can dance to whatever fun music they choose. Choose fun costumes and props, and not all dancing has to be Irish! Please keep all music and costumes appropriate for all ages.

<b>Boys/Girls</b>	
<b>All Ages</b>	1000

## **Pre Bun Grad**

*Open to girls & boys (1 step) who are working towards achieving readiness for the Bun Grad A level.*

<b>Boys/Girls</b>	<b>Reel</b>	<b>Light Jig</b>
<b>U3</b>	1	-
<b>U6</b>	11	12
<b>U8</b>	21	22
<b>8 and Over</b>	31	32

## **Bun Grad A**

*Beginner level dancers. NO SOLO COSTUMES ALLOWED. School costume, skirt & blouse, or black leotard (with black tights for U10 and older) ONLY. Dancers will dance 2 Steps.*

*Metronome speeds of 122 for Reel and Hop Jig, 124 for Slip Jig; 116 for Light Jig; 90 for Treble Jig, and 140 for Hornpipe. Dancers will dance 32 bars for Reel, Light Jig, Slip Jig, Hop Jig, Treble Jig, Hornpipe. Dancers will perform 3 at a time up to and including the U14 age group.*

Boys/Girls	Reel*	Light Jig	Hop Jig	Slip Jig	Treble Jig	Hornpipe
<b>U6</b>	101	102	103	104	105	106
<b>U8</b>	111	112	113	114	115	116
<b>U10</b>	121	122	123	124	125	126
<b>U12</b>	131	132	133	134	135	136
<b>12 and Over</b>	141	142	143	144	145	146
<b>Adult 18-24</b>	151	152	153	154	155	156
<b>Adult 25+</b>	161	162	163	164	165	166

*\*Denotes Cup Competitions for Bun Grad A.*

*Dancers receive a cup and are presented their awards on the podium.*

## **Bun Grad A 2 or 3-Round Championship**

*Scores from all dances will be combined for one overall placement. Number of bars are the same as Bun Grad A.*

Age Group	Competition #	Round 1	Round 2	Round 3
<b>U6</b>	A1	Reel	Light Jig	
<b>U8</b>	A2	Reel	Light Jig	Single Jig
<b>Any Age</b>	A3	Reel	Light Jig	Single Jig

## **Bun Grad B**

*NO SOLO COSTUMES ALLOWED. School costume, skirt & blouse, or black leotard (with black tights for U10 and older) ONLY. Dancers will dance 40 bars for Reel, Light Jig, and Treble Jig. Dancers will dance 32 bars for Slip Jig, Hop Jig, and Hornpipe. Metronome speeds of 116 for Reel & Light Jig, 122 for Hop Jig, 120 for Slip Jig; 88 for Treble Jig & 138 for Hornpipe. Dancers will perform 3 at a time up to and including the U14 age group. Traditional Set is St Patrick's Day only.*

Boys/ Girls	Reel	Light Jig	Hop Jig*	Slip Jig	Treble Jig	Hornpipe	Trad Set
<b>U6</b>	201	202	203	204	205	206	207
<b>U8</b>	211	212	213	214	215	216	217
<b>U10</b>	221	222	223	224	225	226	227
<b>U12</b>	231	232	233	234	235	236	237
<b>U14</b>	241	242	243	244	245	246	247
<b>14 and Over</b>	251	252	253	254	255	256	257
<b>Adult 18-24</b>	261	262	263	264	265	266	267
<b>Adult 25+</b>	271	272	273	274	275	276	277

\*Denotes Cup Competitions for Bun Grad B.

*Dancers receive a cup and are presented their awards on the podium.*

## **Bun Grad B 3-Round Championship**

*Scores from all dances will be combined for one overall placement. Number of bars are the same as Bun Grad B.*

Age Group	Competition #	Round 1	Round 2	Round 3
<b>U6</b>	B1	Reel	Single Jig	Light Jig OR Heavy Jig
<b>U8</b>	B2	Reel	Single Jig	Light Jig OR Heavy Jig
<b>U10</b>	B3	Reel	Single Jig	Light Jig OR Heavy Jig
<b>Any Age</b>	B4	Reel	Single Jig	Light Jig OR Heavy Jig

## **Bun Grad C**

*NO SOLO COSTUMES ALLOWED. School Costume or black leotard (with black tights for U10 and older) ONLY. Dancers will dance 40 bars for Reel, Light Jig, Hop Jig and Treble Jig and 32 bars for Slip Jig, and Hornpipe. Metronome speeds of 113 for Reel and Slip Jig; 116 for Light Jig, 118 for Hop Jig, 73 for Treble Jig, & 113 for Hornpipe are required. Dancers will perform 3 at a time up to and including the U14 age group. Traditional Set is St Patrick's Day only.*

Boys/Girls	Reel*	Light Jig	Hop Jig	Slip Jig	Treble Jig	Hornpipe	Trad Set
<b>U6</b>	301	302	303	304	305	306	307
<b>U8</b>	311	312	313	314	315	316	317
<b>U10</b>	321	322	323	324	325	326	327
<b>U12</b>	331	332	333	334	335	336	337
<b>U14</b>	341	342	343	344	345	346	347
<b>14 and Over</b>	351	352	353	354	355	356	357
<b>Adult 18-24</b>	361	362	363	364	365	366	367
<b>Adult 25+</b>	371	372	373	374	375	376	377

\*Denotes Cup Competitions for Bun Grad B.

*Dancers receive a cup and are presented their awards on the podium.*

## **Bun Grad C 3-Round Championship**

*Scores from all dances will be combined for one overall placement. Number of bars are the same as Bun Grad C.*

Age Group	Competition #	Round 1	Round 2	Round 3
<b>U6</b>	C1	Reel	Heavy Jig	St. Patricks Day
<b>U8</b>	C2	Reel	Heavy Jig	St. Patricks Day
<b>U10</b>	C3	Reel	Heavy Jig	St. Patricks Day
<b>U12</b>	C4	Reel	Heavy Jig	St. Patricks Day
<b>Any Age</b>	C5	Reel	Heavy Jig	St. Patricks Day

## Pre-Open Solo Rounds

In order to be eligible to dance in the Non-Championship Holder Competition, dancers must compete in at least 2 of the Pre-Open Solo Round Dances. Dancers will dance 40 bars for Reel & Treble Jig, and 32 bars for Slip Jig & Hornpipe. Reel & Slip Jig tempo 113, Treble Jig tempo 73, Hornpipe tempo 113. Dancers will perform 3 at a time up to and including the U14 age group for Hardshoe and all competitions will dance 2 at a time for softshoe.

	Reel	Slip Jig	Treble Jig	Hornpipe	Trad Set
<b>U10</b>	401	402	403	404	405
<b>U14</b>	411	412	413	414	415
<b>U18</b>	421	422	423	424	425
<b>18 and Over</b>	431	432	433	434	435

## Confined Competition

Dancers can choose either Reel (40 Bars) or Slip Jig (32 Bars)

<b>U10</b>	406
<b>U14</b>	416
<b>U18</b>	426
<b>18 and Over</b>	436

## Open Solo Rounds

In order to be eligible to dance in the Open Championships, dancers must compete in at least 2 of the Open Solo Rounds. Dancers will dance 48 bars for Reel & Treble Jig, and 32 bars for Slip Jig & Hornpipe. Reel & Slip Jig tempo 113, Treble Jig tempo 73, Hornpipe tempo 113. Dancers will perform 3 at a time up to and including the U14 age group for hard shoe.

	Treble Jig	Hornpipe	Trad Set
<b>U10</b>	501	502	503
<b>U14</b>	511	512	513
<b>U18</b>	521	522	523
<b>18 and Over</b>	531	532	533

## **Non-Championship Holder (NCH)**

*Dancers will compete in a 2-round championship consisting of choice of Reel (48 bars) or Slip Jig (32 bars), and Treble Jig (48 bars) or Hornpipe (32 bars). Reel & Slip Jig tempo 113, Treble Jig tempo 73, Hornpipe tempo 113. Hard shoe first. Dancers will perform 3 at a time up to and including the U14 age group for hard shoe and all age groups will dance 2 at a time for softshoe. Dancers in Bun Grad can dance up to this level as long as they are competing in the Pre-Open Solo rounds in addition to the NCH.*

<b>Boys/Girls</b>	
<b>U8</b>	601
<b>U10</b>	602
<b>U12</b>	603
<b>U14</b>	604
<b>U18</b>	606
<b>18 and Over</b>	607

## **Open Championships**

*Dancers will compete in a 2-round championship consisting of choice of Reel (48 bars) or Slip Jig (32 bars) and choice of set. Reel & Slip Jig tempo 113, Treble Jig tempo 73, Hornpipe tempo 113. SOFT shoe first. Dancers will perform 3 at a time up to and including the U14 age group for hard shoe and all age groups will dance 2 at a time for softshoe.*

<b>Boys/Girls</b>	
<b>U8</b>	701
<b>U10</b>	702
<b>U12</b>	703
<b>U14</b>	704
<b>U16</b>	705
<b>U18</b>	706
<b>U20</b>	707
<b>U22</b>	708
<b>22 and Over</b>	709



## Ceili

2-Hand	U8	U10	U13	U15	150
	801	802	803	804	805

4-Hand	U7	U9	U11	U13	130
	901	902	903	904	905

6-Hand	U10	U14	140
	1001	1002	1003

8-Hand	U11	U15	150
	1004	1005	1006

Invented	All Ages
	1007

*Carroll Academy, Anna Carpenter, and any other staff will not be held responsible for any personal injury, property loss or damage. Destruction of Feis property will be punishable by law. Parents are responsible for any damages caused by their children.*

*All Entry Fees are non-refundable*

### **An Chomhdhail Feis Rules**

- 1. Age groups up to and including under 9 are prohibited from wearing solo costumes. 2. Dancers in Level Beginner A/B/C are prohibited from wearing solo costumes.*
- 3. Competitions for age groups up to and including under 11 are not permitted after 6pm. 4. Children up to and including the age of 12 are prohibited from wearing face make-up. 5. All dancers are prohibited from wearing any form of glitter on their face.*
- 6. In Beginner A, B, and C competitions, there must be a minimum of 10 competitors, and in Pre Open Competitions there must be a minimum of 5 competitors, before the winner progresses to the next grade. If there is less than these minimum numbers it is at the discretion of the Adjudicator to issue*

*either an award or a 1st place, based on the standard rather than the number in the competition.*

*7. Feisanna must include a variety of traditional set dances in each session.*

*8. Floor measurements are set at a minimum of 16ft by 20ft for local feiseanna.*

*9. In the event of an injury at a feis, an incident report should be made stating how injury happened and the course of action that was taken.*

*10. Competitors are required to be appropriately attired at all times when attending a feis and the committee has the right to ensure that the rule is adhered to.*

*11. Any form of unauthorized photography which captures a dancers' image whilst taking part in competition is expressly forbidden. This covers photography by means of mobile phones, tablets, video camera, and cine recorder with or without flash facility.*

*12. Under the health and safety, competitors are requested not to smoke whilst dressed in their dancing costume. 13. All competitors must wear their number positioned center front, clearly displayed for adjudicators.*

*14. Scrutineers must be members of An Chomhdhail who will be responsible for checking the adjudicators results following each championship.*

*15. The decision of the adjudicator or adjudicators is final as to quality. An objection on any other grounds may be lodged by a teacher in writing on payment of a fee of 10 Euro's or equivalent. The feis committee may adjudicate on such an objection if they consider themselves competent to do so, and will return the objection to the Executive of An Chomhdhail. No objection will be considered unless it is made in writing within 48 hours after the declaration of the result of the competition. Any Teacher who disagrees with the decision of a feis committee may refer the matter to the Executive of An Chomhdhail on payment of a fee of 20 Euro's or equivalent.*

*16. All prizes must be presented at the termination of a feis (with all competitors in full costume).*

*17. Adult competitions are permissible at Feiseanna provided the following criteria is adhered to :*

- Ladies attire to include a simple dress or skirt and top. No cleavage to be shown and dress / skirt length to be no more than 2-inches above the knee.*
- Opaque tights to be worn. Minimum 100 denier. Clothes and tights to be dark in color – Black, Navy, Wine or Forest Green.*
  - No wigs, poodle sock, tiara or bling to be worn.*
- Gents attire to include long dark tailored trousers, shirt, tie (optional) or polo shirt.*